



OTTAWA POLICE SERVICE
SERVICE DE POLICE D'OTTAWA

Working together for a safer community
La sécurité de notre communauté, un travail d'équipe

Dhibaateynta Xaaska/ Saaxibka waa Dembi

Sarkaalka Jooga, Lamb. iyo Qaybta

Baaraha, Qaybta, Lam. Taleefoonka.

Lambarka Galka

Liiska Khayraadka Bulshada

Booliiska

Xaalad degdeg ah ee nolosha khatar gelisa
ama dhacdo dembi ah ee socota. 911
Xaaladaha degdegga ah ee kale. 613-230-6211
Qaybta Xaaska/Saaxibka la Dhibaateeyo. 613-236-1222, khadka. 5407
Xarumaha Booliiska Bulshada iyo codsiyada kale oo idil. 613-236-1222
TTY 613-232-1123
Qaybta Dhibaatooyinka Dhibbanaha 613-236-1222, khadka. 5822

Sharciga

Adeegyada Sharciga ee Bulshada. 613-241-7008
Xarunta Macluumaadka Sharciga Qoyska 613-239-1274
Xafiiska Sharciga Qoyska 613-569-7448
Xarunta Maxkamadda Ottawa
Xafiiska Maxkamadda Shacabka 613-239-1054
Maxkamadda Qoyska 613-239-1274
Barnaamijka Gargaarka Marqaatiga/Dhibbanaha 613-239-1229
Xafiiska Sharciga Bulshada ee Jamacadda Ottawa 613-562-5600

Khadadka Dhibaatooyinka

Khadka Gargaarka Haweenka la Dhibaateeyo. 1-866-863-0511
Khadka Gargaarka Haweenka la Dhibaateeyo

(waxay furan yihiin 24/7). 613-745-4818, TTY 613-741-3556
Taleefoonka Gargaarka Carruurta 1-800-668-6868
ama 1-800-267-7946

Xarunta Dhibaatooyinka Kufsiga ee Ottawa 613-562-2333
Xarunta Gargaarka Kufsiga. 613-234-2266
TTY 613-725-1657
Xarunta Dhibaatooyinka ee Ottawa iyo Gobolka 613-238-3311
Femme-écoute. 1-877-679-2229
Tel-Aide Outaouais. 613-741-6433
Services pour femmes battues 613-745-3665
(Codka iyo TTY)
Femaide Ligne de soutien 1-877-FEMAIDE (1-877-336-2433)
Hay'adda Gargaarka Carruurta Ottawa 613-747-7800
Adeegga Dhibbanaha ee Ottawa 613-238-2762
Isbitaalka Ottawa – Xarunta Gargaarka Shacabka
Barnaamijka Daryeelka Dhibaatooyinka
Saaxibka/Xaaska & Kufsiga 613-761-4366
TTY 613-761-4140

Hoyga Badbaadada

Sarkaalka Booliiska wuxuu u kaxeyn karaa meel ay ku badbaado oo ay ka mid
yihiin hooyayga badbaadada soo socda:
Aqalka Chrysalis 613-591-5901
Aqalka Interval 613-234-5181, TTY 613-234-5393

Aqalka Interval ee Degmada Lanark 613-257-5960
La Présence 613-241-8297
Maison d'amitié 613-747-0020, ATS 613-747-9116
Aqalka Nelson 613-225-3129, TTY 613-225-4653
Cornerstone/Le Pilier (loogu talagalay haweenka) 613-237-4669
The Shepherds of Good Hope (loogu talagalay ragga) 613-789-8210
The Ottawa Mission (loogu talagalay ragga). 613-234-1144

Khayraadka Bulshada

Xarunta Khayraadka ee Bariga Ottawa (furan 24/7) 613-745-4818
Xarunta Khayraadka Bulshada ee Galbeedka Ottawa
(Isniinta.-Jimcaha., 8:30 a.m. (subaxnimo)
illaa 4:30 p.m. (galabnimo)) 613-591-3686
Xarunta Khayraadka Nepean 613-596-5626
Xarunta Adeegyada Bulshada iyo
Caafimaadka ee Pincrest-Queensway 613-820-4922
Adeegyada Qoyska à la famille Ottawa
(Family Services à la famille Ottawa). 613-725-3601
Xarunta Khayraadka Galbeedka Somerset
(Somerset West Community Health Centre) 613-238-8210
Adeegyada Qoyska ee Haweenka Hijrada
(Immigrant Women Services Ottawa) 613-729-3145
Xarunta Khayraadka Galbeedka Somerset (Xarunta
Adeegyada Bulshada iyo Caafimaadka ee Carlington) 613-722-4000

Adeegyada Qoyska ee Haweenka Hijrada
(Immigrant Women Services Ottawa). 613-722-2225
Adeegyada Qoyska Katoolikada ee Ottawa
(Catholic Family Services Ottawa). 613-233-8478

Latalinta dadka dhibaataada geysta

Haddii dhaqankaagu uu dhibaateynayo saaxibkaaga/xaaskaaga, waxaa
lagugu dhiirgelinayaa in aad la xiriirto barnaamijyada latalinta:
Tilmaamaha Cusub 613-233-8478
Adeegyada Seddexgeesoodka Pink
(loogu talagalay bulshada GLBT). 613-563-4818

*Adeegyada Seddexgeesoodka Pink (Pink Triangle Services) waxay bixiyaan
adeegyo gaar ah oo bilaash ah/iyo latalin lacag la bixiyo. Waxaad eegtaa
shabakadda internetkooda www.pinktriangle.org si aad u hesho
macluumaad dheeraad ah.*

Waa sharci darro in uu qof dhibaato gaarsiyo qof kale. Kuma xima
cidda dhibaataada geysaneyso — xaaska, saaxib hore, qof jinsiga kale
ah ama isku jinsi, ama qof kasta ay idinka dhexeysay xiriir soke — ma
aha in qof la dhibaateeyo. Waxaad xusuusataa in aadan khaladka adigu
lahayn, sidaa darteed mas'uul kama tihid sida uu u dhaqmo qofka kale.
Waxaa ku caawini karaan booliska iyo bulshada deegaanka.